

July 2010

Angel Food Ministries Menu

Lakeview Church of God

7555 York Road ■ Parma, OH 44130

(440) 888-2792

www.lakeviewweb.org

angel food MINISTRIES

Angel Food Ministries is a nonprofit, non-denominational organization dedicated to offering low cost food relief to families all across the country. With today's economic challenges, many ordinary families need a little help making ends meet. That's where Angel Food Ministries can make a difference. *There are no income requirements or applications.* If you or someone you know needs help providing quality, nutritious food – Angel Food is here for you. (www.angelfoodministries.com)

July Schedule

Credit and debit card orders accepted 24 hours on-line: www.lakeviewweb.org

In-person order days are shown below.

Order Days

Sundays (July 5th & July 12th)

- 10:00am - 10:30am
- 12:00pm - 12:30pm

Thursdays (July 8th & July 15th)

- 7:00pm - 8:00pm

Fridays (July 9th & July 16th)

- 9:30am - 10:30am

In-Person Order Deadline

Friday, July 16th, 2010

On-Line Order Deadline

Tuesday, July 20th, 2010

11:59 p.m. EST

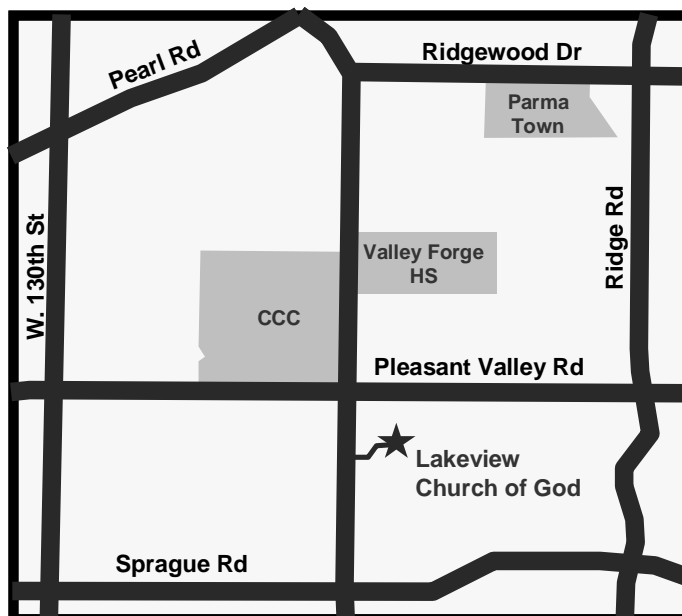
Distribution

Saturday, July 24th, 2010

- 9:30am - 11:00am

Important Reminders

- Bring your order receipt and a large box, clothes basket, or cooler to collect your food
- **There will be no refunds if your order is not picked up by closing time on distribution day. Unclaimed food will be donated after the designated closing time.**
- The menu changes each month
- Angel Food reserves the right to replace items due to availability, cost, and quality
- Only cash, credit card, debit card, money orders, and food stamps accepted
- Sorry, no personal checks will be accepted
- Payment must be received when placing order(s)



Map and Directions

Located on York Road, just south of Pleasant Valley (Bagley) Road

Lakeview Church of God

7555 York Road

Parma, OH 44130

(440) 888-2792

▪ See reverse side for menu ▪

July 2010 Standard Menu

Signature Box.....\$30

Each box contains fresh and frozen items with balanced nutrition to help feed a family of four for one week.

- 4.5 lb. (avg.) Whole Chicken
- 2 lb. Lasagna with Meat Sauce
- 1 lb. Lean Ground Beef
- 4-6 oz. Hamburger Patties with Cheese in Center
- 12 in. Supreme Pizza
- 1 lb. All Meat Hot Dogs
- 28 oz. Fully Cooked Meatloaf with Home-style Tomato Sauce
- 2 lb. Assorted Frozen Vegetables
- 1 lb. Baby Carrots
- 15 oz. Baked Beans
- 6.5 oz. Skillet Meal Helper
- 1 head Cabbage
- 11 oz. Breakfast Cereal
- 32 oz. 2% Shelf Stable Milk
- 1 Dozen Eggs
- 1 Dessert

Fast and Flavorful Cuisine.....\$28

Ten nutritionally balanced, heat and serve meals. Developed for the dietary needs of seniors and people living with diabetes.

- Fish Sticks
- Boneless Pork Patty
- Red Beans and Rice
- Meat Lasagna
- Chicken Parmesan
- Roasted Chicken
- Country Fried Steak
- Salisbury Steak & Gravy
- Swedish Meatballs
- Country Herb Chicken

5 Pound Allergen-Free Food Box.....\$23

Processed to eliminate peanuts, soybeans, milk, eggs, fish, crustaceans, tree nuts and gluten (wheat, rye and barley).

- 1 lb. Breaded Ckn Breast Chunks
- 2 lb. Breaded Chicken Drumsticks
- 1 lb. Breaded Cubed Steak
- 1 lb. Breaded Formed Ckn Tenders

Just 4 Me – After School Box.....\$24

An assortment of child-friendly snacks. Great for after school or any time.

- 1.5 lb. Fish Sticks
- 1.5 lb. Mini Corn Dogs
- 1 lb. Popcorn Chicken
- 2-6.5 oz. Pepperoni Pizza
- 2-2.8 oz. PB&J Jamwiches
- 14 oz. Stuffed Breadsticks
- 6 Mini Moon Pies
- 2-3.7 oz. Twin Hamburgers with Cheese
- 2-2.2 oz. PB&J on Graham Wafer

Just 4 Me – After School Fruit Box.....\$16

An assortment healthy fruit snacks especially for kids.

- 3 Red Delicious Apples
- 3 Granny Smith Apples
- 6-pack Caramel Apple Dip
- 3 Pears
- 3 Navel Oranges
- 6-pack Raisins
- 8 oz. Trail Mix
- 1 lb. Mini Carrots
- 4 Chewy Granola Bars

July 2010 Specials Menu

Specials can be ordered individually, with or without the purchase of a standard menu item.

Special #1: Steak Grill Box (4.5 Lb.).....\$23

4-10 oz. Rib-Eye Steaks; 4-8 oz. Sirloin Strip Steaks

Special #2: Assorted Grill Box (6.5 Lb.).....\$22

2-12 oz. New York Strip Steaks; 4-8 oz. Chopped Beef Steaks; 4-8 oz. Boneless Pork Steaks; 1 lb. Chicken Sausage

Special #3: IQF Chicken Breast Box (10 Lb.).....\$21

10 lb. Individually Quick Frozen (IQF) Chicken Breasts

Special #4: Premium Fresh Fruit & Veggie Box.....\$21

3 lb. Idaho Potatoes; 1 head Lettuce; 1 lb. Plums; 16 oz. Salad Dressing; 5 oz. Salad Croutons; 4 ears Yellow Corn; 2 lb. Yellow Onions; 1 Cantaloupe; 1 Honey Dew Melon; 1 lb. Carrots; 4 Lemons; 1 Pineapple

Special #5: Bit O' Blessing Box.....\$21

3 lb. Split Cornish Hens; 2.5 lb. IQF Split Chicken Breasts; 1 lb. Smoked Sausage; 1.5 lb. Country Fried Steak; 1 lb. Broccoli Florets; 1.3 lb. Frozen Fruit Medley; 1 Dessert